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F A C I A L P L A S T I C S

Botox Pre-Treatment Instructions:

- Do not consume alcoholic beverages 24-48 hours prior to your Botox appointment. Alcohol may thin the blood and increase the risk of bruising.
- Avoid anti-inflammatory/blood thinning agents if possible, for a period of 2 weeks before your appointment. Medications and supplements that should be avoided are aspirin, ibuprofen, Motrin, Aleve, Excedrin, any other NSAIDS, along with Fish oil supplements and vitamin E. These have a blood thinning effect and can increase the risk of bruising and swelling after injections. Try and just take Tylenol for any headaches or body aches in those 2 weeks before your appointment.
- Schedule your Botox appointment at least 2 weeks prior to any special events such as weddings, birthdays, vacations, etc. Results from Botox take a few days to appear and this gives enough time for any bruising or swelling to dissipate.
- Reschedule your appointment at least 24 hours in advance if you have a cold, flu, infection, rash or cold sore in the area.
- If you are breastfeeding or pregnant you are not a candidate for Botox.