



All menu items will be prepared salt free with an easy to chew texture

- Herb Roasted Chicken Breasts
- Shredded Roast of Beef
- Lamb Meatballs
- Mustard and Honey Glazed Salmon
- Herb Roasted Pork Tenderloin

- Roasted Zucchini and Squash
- Roasted Broccoli (soft)
- Sautéed Green Beans
- Roasted Asparagus (soft)
- Sautéed Honey Glazed Carrots (soft)

- Mashed Sweet Potatoes
- Mashed Potatoes
- Wild Rice Pilaf
- Whole Wheat Pasta with Alfredo Sauce

Breakfast items

- 2 Scrambled eggs with shredded sweet potato and kale hash
- 2 boiled eggs with shredded sweet potato and kale hash
- 2 broccoli, egg and ham frittata cups with shredded sweet potato and kale hash

\$15.00 (plus tax) per box with meat/starch/vegetable (minimum five boxes)

If you order 10 it is \$130.00 (plus tax)

Delivery \$20.00

Call or Email Jesicah to order: 318-286-8552 jesicah@therevenir.com

Please make sure you place orders at least 1 week before surgery.