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F A C I A L P L A S T I C S

## **DiamondGlow Dermalinfusion Facial & Dermaplane**

### **Pre and Post Care Instructions**

#### **DiamondGlow Dermalinfusion Facial**

##### **Pre-Care:**

- For 3 days before do not use scrubs, exfoliation products, bleaching creams, or retinols
- Men- shave 1 day before treatment
- If possible, come to your appointment with a clean face and no make-up. If you have make-up on that is ok, your aesthetician will cleanse your face prior to your facial.

##### **Post Care:**

- For 1 day after, do not use scrubs, exfoliation products, bleaching creams, or retinols
- SPF 30 or higher daily is very important after treatment
- Do not pick or rub on skin
- Avoid extreme temperatures for 24 hours
- Do not shave, wax, or dermaplane for 5-7 days
- You can wear make-up the same day as your procedure if you wish

Retreat every 4-6 weeks for best results

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**Dermaplaning** – this is an optional add on procedure prior to your dermalinfusion facial. Dermaplaning removes peach fuzz (vellus hairs) and dead skin cells to leave skin feeling and looking smooth.

##### **What to expect:**

- Can expect your skin to feel warm and appear more pink
- Wait until nighttime to wash face, please use gentle cleanser
- Avoid strenuous exercise and extreme temperatures for 48 hours as skin may be temperature sensitive

##### **Post Care:**

- For 3 days after do not use scrubs, exfoliation products, bleaching creams, or retinols
- SPF 30 or higher very important after treatment
- Do not pick or rub on skin
- Avoid extreme temperatures for 24 hours

- Do not shave, wax, chemical peel, microneedle or laser your face for 2 weeks after your treatment

Skincare:

- Cleanse with gentle cleanser, no scrubs
- Moisturize
- Good daily SPF

After 48-72 hours:

- Resume use of normal products after skin does not feel sensitive

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**Question? Please call our office or you can email your aesthetician directly:**

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