



Lindsey Pennington, MD
F A C I A L P L A S T I C S

Tattoo Removal Pre and Post Care Instructions

Pre- Treatment

- Ensure no sun exposure or fake tan on area for a minimum of 2 weeks prior to your treatment
- Stop retinol use on treatment area 3 days prior to treatment

Post Treatment

- Minor discomfort and redness is normal for 24-48 hours after treatment
- Frosting (whitening) is normal and pinpoint bleeding and blistering can occur
- Keep treatment area moist with Aquaphor and covered with a non-stick gauze or bandage for a week after treatment or until area is not blistered, scabbed, or peeling
- No picking or exfoliating area until healed, or at least 14 days
- No sun exposure on area for a minimum of 2 weeks post treatment

Retreat every 6-8 weeks

Question? Please call our office or you can email your aesthetician directly:

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