



## Ear Piercing After Care Instructions:

The healing process for pierced ears is usually around 6 months, with most of it occurring in the first 6 weeks.

**During the first 24 hours:** pain, redness and swelling are all normal right after getting ears pierced and this should all subside within the next couple of days.

### **During the first 6 weeks:**

- Always wash your hands prior to touching your ears.
- Cleanse the area twice daily with hydrogen peroxide on a q-tip. Make sure one of the cleanings is done after showering or washing your hair.
- Keep the pierced area clean and dry, and consider extra cleaning especially after swimming, showering, using hair products, spraying perfume, or after exercise.
- Be careful when removing clothing or brushing hair so the earrings do not get caught. Consider covering earrings with band aids during sports or rough play.
- Do not remove the earrings for at least 6 weeks.

*After the first 6 weeks and for the first 6 months, do not go longer than 24 hrs. without earrings to prevent the skin from closing.*

After the first 24 hours, if your earlobes get red, painful or swollen, loosen up the backings a bit, cleanse your earlobes 3 times a day and wait 24 hours. If they have not improved or worsen at any time, please call our office at 318-216-5366.